

Sheet1

```
\s {GetNumber "Number of minutes between saves? ",INTERVAL}
RESTART {Let ALARMTIME,@NOW+INTERVAL/1440}
TEST {If @NOW>=ALARMTIME}{MenuBranch SAVE}
      {Get KEY}
KEY {Branch TEST}

SAVE Yes Save the worksheet? No Save the worksheet?
      {Esc 10}/fs{?}~r{Esc} {Branch RESTART}
      {Branch RESTART}

INTERVAL
ALARMTIME
```