

Track Lighting

If you want to fine-tune your lighting and later change it, track lights are the way to go. Just affix the metal track to your ceiling or wall. Then move any number of fixtures along the track, and point them anywhere. Track lights are inexpensive and you can wire them directly to existing electrical boxes.

Fitted with silver-backed incandescent or halogen spotlights, track lights make excellent task or accent lights. Place canisters 15 to 18 in. apart above a work area.

For ambient light, use more diffuse floodlight bulbs. Low-voltage fixtures accept smaller, less-obtrusive halogen lamps. The canisters generally come in white, black or brass, but other colors and styles are available. Think about recessing the tracks into the ceiling for a cleaner look.