Floor Lamps

A good lamp perched next to your favorite chair is one of the simple joys of life. Floor lamps with down-cast light make excellent reading lamps. For the best reading light, place the lamp behind the chair and slightly to one side. The bulb should be about 20 in. from where you hold your book.

Torcheres and other sleek, modern floor lamps with up-cast light are a good choice for contemporary homes, especially if you want to show off decorative ceilings and cornices. Uplighting makes a low-ceilinged room appear higher and more spacious. You can substitute two or three uplighter floor lamps, fitted with 150- or 200-watt incandescent bulbs, for general room lighting. Uplighter lamps often use halogen bulbs, which cast a bright, clear light.

Whatever floor lamps you choose, they're a flexible design element because they're easily moved, unlike a ceiling fixture. Play with them to achieve the right look.