

Would you like to

• <i>Be More alert</i>		• <i>Have Less desire for sweets</i>
• <i>Have More energy</i>		• <i>Have better recovery after working out</i>
• <i>Have More regularity</i>		• <i>Be able to start an exercise program easier</i>
• <i>Have a Better digestion</i>		• <i>Have a Higher athletic performance</i>
• <i>Have a Better appetite</i>		• <i>Have a faster recovery after injury/surgery</i>
• <i>Have Better sleep</i>		• <i>Lower cholesterol</i>
• <i>Sleep less</i>		• <i>Desire more fruits and veggies</i>
• <i>Wake up earlier</i>		• <i>Have a success with Weight loss</i>
• <i>Have less urge to snack</i>		• <i>Weight gain (if desired)</i>
• <i>Have Less pain</i>		• <i>Have a Better skin tone</i>
• <i>Have your Hair grow faster/stronger</i>		• <i>Have Improved blood sugar regulation</i>
• <i>Look better</i>		• <i>Reduce allergy/sinus problems</i>
• <i>Have Clearer eyes</i>		• <i>Reduce arthritis pain</i>
• <i>Quit smoking easier</i>		• <i>Have fewer headaches</i>
• <i>Better handle stress</i>		• <i>Lower blood pressure</i>
• <i>Have Less urge to snack/fewer cravings</i>		• <i>Have a general sense of well-being</i>

Some of commonly experienced benefits with Juice Plus+

If you are interested to learn more, you can read the information in this book.

For your own copy of the information and a free tape please ask the front desk.

Prevention is the key to optimum health.