

MEMLINE,C,75

0 microGourmet Introduction

0

0 Welcome to microGourmet. When you start this program the initial  
 0 identification menu is displayed followed by the main menu. The body  
 0 of the main menu looks like this (condensed):

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microGourmet		
Main Menu		
1) End This Session	5) Perform Data Base Maintenance	
2) Display Help Text	6) Perform Utility Functions	
3) Search for Recipes	7) Print Recipes	
4) Prepare Shopping List	8) Make a System Backup	

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0 At the top of the screen, the date is shown on the left. The time is  
 0 shown on the right. Immediately below the last line of the menu is the  
 0 prompt line.

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0 The bottom line indicates the system options which may be changed any  
 0 time a menu screen is displayed. The function keys control operation  
 0 of these options. All of these options act as toggles; that is,  
 0 repeated pressing of the function key changes the option between one  
 0 of two possibilities. The function keys act as follows:

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0 Function Key            Meaning

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0 F7            If 'Y', play music while searching recipes.  
 0            If 'N', do not play music.

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0 F8            If 'Y', allow recipes to be added to shopping list.  
 0            If 'N', no shopping list may be created.

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0 F9            If 'D', display recipes found on the screen.  
 0            If 'P', send recipes found to the printer.

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0 F10           If 'C', assume continuous form paper used in printer.  
 0            If 'S', assume single sheets of paper used in printer.

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Sheet1

0 If you select main menu item one (End This Session), you will be asked  
0 whether your are sure you want to terminate this session. If so, and  
0 if both the sound option is on and you are using a color monitor, then  
0 a short tune will be played while a color graphics images is created.  
0 After the music has played, press any key to terminate the program.

0

0 Selecting main menu item two (Display Help Text) allows you to display  
0 help (you are looking at it now). After you select item 2, you will be  
0 asked which menu selection you want help with. Just enter the number  
0 corresponding to the menu option you're confused about, and appropriate  
0 help will be displayed.

0

0 While you are displaying help, at the bottom of the screen you will see  
0 that you may press N for the next help screen, P for the previous help  
0 screen, or Q to end the help display. You may also press the return  
0 key instead of N for the next screen. You may scroll through the help  
0 text, forwards and backwards, as long as you like, or press Q at any  
0 time to stop.

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0 The following presents a condensed version of the other menus.

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0 Main menu item three (Search for Recipes) displays the following menu:

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microGourmet			
Recipe Search Menu			
1) Return to Previous Menu		4) Category and Name	
2) Display Help Text		5) Category and Ingredients	
3) Category		6) Category and Preparation Time	

0 Main menu item four (Prepare Shopping List) shows you the following:

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13 three through six will retrieve recipes based on the category, or the  
13 category and recipe name, ingredients, or preparation time.

13

13 If you select options three through six, a window will open on the  
13 screen. You will be then asked to select a category. To ignore the  
13 category, select the number opposite the word 'All'.

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#### 14 Help with Preparing the Shopping List

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14 Selecting this option will bring up the following menu of options:

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microGourmet	
Shopping List Menu	
1) Return to Previous Menu	4) Print Shopping List
2) Display Help Text	5) Delete Shopping List
3) Display Shopping List	6) Consolidate Shopping List

14 At this point you can display or print the shopping list, delete an old  
14 shopping list or consolidate the list.

14

14 Normally the shopping list groups ingredients by recipe. Consolidating  
14 the shopping list will attempt to find identical ingredients, and add  
14 the quantities together (if the measure is the same). Ingredients are  
14 then sorted alphabetically, and the shopping list is permanently  
14 modified.

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microGourmet	
Recipe Data Base Maintenance Menu	
1) Return to Previous Menu	5) Delete Recipes
2) Display Help Text	6) Undelete Recipes
3) Add Recipes	7) Re-create Indexes
4) Modify Recipes	8) Remove Deleted Recipes

15 From this menu you can add, modify, delete, or undelete recipes. You  
15 can also re-create the indexes for the recipes data base, or remove  
15 deleted recipes permanently.

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If you want to modify recipes, you have three options, which will be shown on the following menu:

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microGourmet		
Change/Editing Menu		
1) Return to Previous Menu	4) Add Ingredients	
2) Display Help Text	5) Add Instructions	
3) Change Recipes		

15

The options for these two menu screens are explained in detail in the help accompanying each option.

15

Help with Performing Utility Functions

16

Selecting this option will present the following menu of choices:

16

microGourmet		
Utilities Menu		
1) Return to Previous Menu	4) Perform DOS Functions	
2) Display Help Text	5) Change Screen Colors	
3) Re-install microGourmet	6) Print Menus and Help Text	

16

When this menu is displayed, you can re-install microGourmet, changing some of the installation parameters, perform DOS functions, change the screen colors (appropriate only if you are using a color monitor), or print the menus and help text.

16

Help with Printing Recipes

17

Selecting this option will present the following recipe print menu:

17

microGourmet		
Recipe Print Menu		
1) Return to Previous Menu	4) Print Several Recipes	
2) Display Help Text	5) Print All Recipes in a Category	
3) Print One Recipe	6) Print All Recipes by Category	

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 17 You can then print one recipe, several recipes, all recipes in a  
 17 category, or all recipes sorted by category.  
 17  
 17 Options three and four require you to enter the recipe number(s), which  
 17 are always shown when recipes are displayed or printed. Option five  
 17 requires entry of the appropriate category. In all cases, you will be  
 17 asked to make sure the printer is ready, and then proceed.

18 Help with Making a System Backup

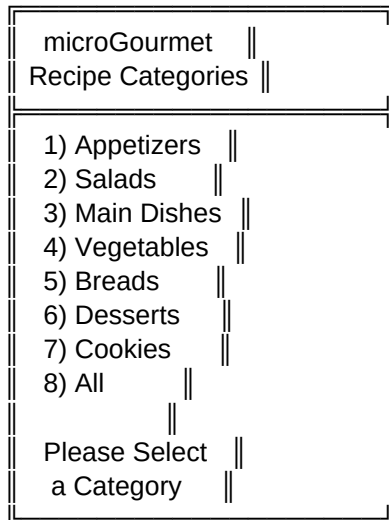
18 Selecting this option will show the following menu of backup options:



18 You can then backup either the recipe files, or all files associated  
 18 with microGourmet. Normally you will use option three after modifying  
 18 the data base.

23 Help with Finding a Recipe by Category

23 Once you select this option, a window will open on the screen, asking  
 23 you to select a category. The window will look like this:





23 You can select any category by number, or ignore the category selection  
23 by entering the number opposite the word 'All'. Then recipes will be  
23 retrieved according to the category entered.

23

23 If you have selected recipe print (Function key F9 is P), then your  
23 selected recipe will be printed. The program will ask that you make  
23 sure the printer is ready before proceeding.

23

23 If you have selected recipe display (Function key F9 is D), recipes  
23 will be displayed with some identifying information at the top of the  
23 screen. Then the ingredients will be displayed. If you press the Q  
23 key, display of this recipe will be stopped. Press any other key and  
23 ingredients will disappear, followed by a display of the recipe  
23 instructions. Recipe ingredients and instructions will be alternately  
23 displayed until you press Q.

23

23 After displaying the recipe, if the shopping list option is on, you  
23 will be asked whether to add the recipe to the shopping list.

23

24 Help with Finding a Recipe by Category and Name

24

24 Once you select this option, a window will open on the screen, asking  
24 you to select a category. The window will look like this:

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24 You can select any category by number, or ignore the category selection  
24 by entering the number opposite the word 'All'. Then recipes will be  
24 retrieved according to the category entered. For each recipe selected,  
24 the recipe number, name and preparation time will be displayed. At the  
24 bottom of the screen, a message will ask you to enter a recipe number  
24 or press return to continue. If there are additional recipes which  
24 satisfy you request, additional screens will be displayed until you

24 either select a number or no more recipes are available to meet your  
24 search criteria.

24

24 If you have selected recipe print (Function key F9 is P), then your  
24 selected recipe will be printed. The program will ask that you make  
24 sure the printer is ready before proceeding.

24

24 If you have selected recipe display (Function key F9 is D), recipes  
24 will be displayed with some identifying information at the top of the  
24 screen. Then the ingredients will be displayed. If you press the Q  
24 key, display of this recipe will be stopped. Press any other key and  
24 ingredients will disappear, followed by a display of the recipe  
24 instructions. Recipe ingredients and instructions will be alternately  
24 displayed until you press Q.

24

24

24 After displaying the recipe, if the shopping list option is on, you  
24 will be asked whether to add the recipe to the shopping list.

24

#### 25 Help with Finding a Recipe by Category and Ingredients

25

25 Once you select this option, a window will open on the screen, asking  
25 you to select a category. The window will look like this:

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microGourmet ||
Recipe Categories ||
-----||
1) Appetizers ||
2) Salads ||
3) Main Dishes ||
4) Vegetables ||
5) Breads ||
6) Desserts ||
7) Cookies ||
8) All ||
      ||
Please Select ||
a Category ||
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25 You can select any category by number, or ignore the category selection  
25 by entering the number opposite the word 'All'. Then you will be asked  
25 to enter up to three ingredients. You may enter the ingredients in  
25 either upper or lower case. Then recipes will be retrieved which have  
25 all the ingredients entered in them.

25

25 For each recipe selected, the recipe number, name and preparation time

Sheet1

25 will be displayed. At the bottom of the screen, a message will ask you  
25 to enter a recipe number or press return to continue. If there are  
25 additional recipes which satisfy you request, additional screens will  
25 be displayed until you either select a number or no more recipes are  
25 available to meet your search criteria.

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25 If you have selected recipe print (Function key F9 is P), then your  
25 selected recipe will be printed. The program will ask that you make  
25 sure the printer is ready before proceeding.

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25 If you have selected recipe display (Function key F9 is D), recipes  
25 will be displayed with some identifying information at the top of the  
25 screen. Then the ingredients will be displayed. If you press the Q  
25 key, display of this recipe will be stopped. Press any other key and  
25 ingredients will disappear, followed by a display of the recipe  
25 instructions. Recipe ingredients and instructions will be alternately  
25 displayed until you press Q.

25

25 After displaying the recipe, if the shopping list option is on, you  
25 will be asked whether to add the recipe to the shopping list.

25

26 Help with Finding a Recipe by Category and Preparation Time

26

26 Once you select this option, a window will open on the screen, asking  
26 you to select a category. The window will look like this:

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26 You can select any category by number, or ignore the category selection  
26 by entering the number opposite the word 'All'. Then you will be asked  
26 to enter the maximum recipe preparation time in minutes. Then recipes  
26 will be retrieved for which the preparation time is less than or equal  
26 to the time you entered.

26

26 For each recipe selected, the recipe number, name and preparation time  
26 will be displayed. At the bottom of the screen, a message will ask you  
26 to enter a recipe number or press return to continue. If there are  
26 additional recipes which satisfy you request, additional screens will  
26 be displayed until you either select a number or no more recipes are  
26 available to meet your search criteria.

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26 If you have selected recipe print (Function key F9 is P), then your  
26 selected recipe will be printed. The program will ask that you make  
26 sure the printer is ready before proceeding.

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### Help with Displaying the Shopping List

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34 Help with Printing the Shopping List

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34 If you select this option, the entire contents of the shopping list  
34 file will be printed. The program will ask you to make sure the  
34 printer is ready before proceeding. If the shopping list is in the  
34 normal form, the recipe name will be printed first, followed by a the  
34 recipe ingredients.

34

34 If the shopping list has been consolidated, the recipe ingredients will  
34 be listed in alphabetical order. The same ingredient may appear twice,  
34 if the quantity measure is different.

34

35 Help with Deleting the Shopping List

35

35 Once you have finished using a shopping list (e.g., you have printed  
35 it, taken it to the store for use with grocery shopping), you should  
35 delete it. This option just empties the list of any recipes and  
35 ingredients, in preparation for using it again.

35

35 If you do not delete old shopping lists, the size of the list will  
35 continue to grow. Eventually, you may run out of disk space to contain  
35 it.

35

36 Help with Consolidating the Shopping List

36

36 This option is offered for those of you who would rather not have the  
36 shopping list grouped by recipe (the normal way). Selecting this  
36 option will process the normal shopping list, attempting to find common  
36 ingredients. If the ingredient name is identical for two or more  
36 ingredients, and the quantity measure is the same, then the amounts for  
36 the ingredient will be added. The list is then sorted in alphabetical  
36 order.

36

43 Help with Adding Recipes

43

43 You may add your favorite recipes to the data base with this option.  
43 In the process you will be updating three different files. One file  
43 has the identification information for the recipe. Another file  
43 contains the recipe ingredients. The last file stores the recipe  
43 ingredients.

43

43 The process of adding a recipe is explained during the update. Once you  
43 add an item, you may still change it, by using the up arrow to move  
43 back to that field. Notice however, that for ingredients and  
43 instructions, once you complete a line for either, you may not change a  
43 previous line. This is because of the way that the recipes are stored  
43 in three separate files.

43

43 If you made an error while entering a recipe, and you could not correct

43 it at the time, note the recipe number. After you finish adding the  
43 recipe, use the option to modify recipes. Then pick the modification  
43 option which allows you to change recipes.

43

44 Help with Modifying Recipes

44

44 This option allows you to change recipes which were previously entered  
44 into the data base. Selecting this option will bring up the following  
44 menu:

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microGourmet			
Change/Editing Menu			
1) Return to Previous Menu		4) Add Ingredients	
2) Display Help Text		5) Add Instructions	
3) Change Recipes			

44

44

44 You may use option three to change the existing contents of a recipe.  
44 You use option four to add additional ingredients to a recipe, and you  
44 use option five to add additional instructions to a recipe.

44

44 The program will ask you to enter the number of the recipe which you  
44 want to change. Then it will guide you through the process of making  
44 the desired changes.

45 Help with Deleting Recipes

45

45 You use this option if you want to delete a recipe from your data base.  
45 The program will ask you for the number of the recipe to delete. Then  
45 it will display status messages as it deletes the entries in each of  
45 the three data base files.

45

45 Note that this process only marks recipes for deletion. It does not  
45 permanently remove them from the data base.

45

46 Help with Undeleting Recipes

46

46 You may use this option to recover recipes previously deleted, as long  
46 as you have not deleted the recipe permanently.

46

46 The program will ask you for the number of the recipe to recover, and  
46 then present status messages as it recovers the entries in each of the  
46 three data base files.

46

47 Help with Re-creating Indexes

47

47 Normally you should not have to use this option. However, if you  
47 notice that, during recipe retrieval, you are not seeing the expected

47 results, use this option to re-create the recipe data base indexes.

47

47 If you are not able to execute this program to select this option, then  
47 use the separate program, called INDEX.EXE. which is provided on your  
47 distribution disk.

47

48 Help with Removing Deleted Recipes

48

48 If you select this option, then any recipes previously marked for  
48 deletion, will be permanently removed from the recipe data base.

48

48 CAUTION

48

48 After you use this option, there is no way to recover any deleted  
48 recipes, except by re-entering them manually.

48

53 Help with Re-installing microGourmet

53

53 This option will execute again the procedure of installing  
53 microGourmet. You will be given the same prompts as you received the  
53 first time you executed the program. Then the file called OPTION.MEM  
53 will be saved, which contains the configuration parameters.

53

54 Help with Performing DOS Functions

54

54 When you select this option, you will be temporarily dropped into DOS  
54 where you may perform whatever commands you like. Enter the word EXIT  
54 to return to microGourmet.

54

54 For this function to work properly, the command processor (COMMAND.COM)  
54 must be in the root directory of the disk which you use to boot your  
54 PC. If you use a floppy for this purpose, make sure it is in drive A:  
54 before attempting to use this option.

54

54 In addition, you must have enough additional memory to load another  
54 copy of the command processor. If your system has only the minimum  
54 amount of memory, 256k for DOS 2.x, 320k for DOS 3.x, you may not be  
54 able to use this option.

54

55 Help with Changing Screen Colors

55

55 This option is appropriate only if you are using a color monitor with  
55 microGourmet. The process of selecting colors is fairly easy and self-  
55 explanatory. When you first execute this option, you will be asked  
55 whether to restore the default colors. Use this option if you have  
55 been experimenting with colors and you want to start all over.

55

55 Note that this procedure will not allow you to set the foreground and  
55 background colors the same. If you did, you could not then see

55 anything which was displayed.

55

56 Help with Printing Menus and Help Text

56

56 This option is the first one you should use after installing  
56 microGourmet. This option will print first the introductory material,  
56 then each menu, followed by the help text associated with it. Lastly,  
56 a reader comment form will be printed, to allow you to report problems,  
56 or make suggestions for future versions of microGourmet.

56

56 This option produces the microGourmet user manual. You should print it  
56 at least once.

63 Help with Printing One Recipe

63

63 This option will allow you to print any one recipe in the data base.  
63 You must know the number of the recipe you want to print.

63

63 The program will ask you to make sure the printer is ready (i.e.,  
63 positioned at the top of form) before proceeding. Then the selected  
63 recipe will be printed.

63

64 Help with Printing Several Recipes

64

64 This option will allow you to print several recipes in the data base.  
64 You must enter a range of recipe numbers to print.

64

64 The program will ask you to make sure the printer is ready (i.e.,  
64 positioned at the top of form) before proceeding. Then the selected  
64 recipes will be printed, starting with the lower numbered recipe, and  
64 ending with higher numbered recipe. All recipes between and including  
64 the two numbers entered will be printed.

64

65 Help with Printing All Recipes in a Category

65

65 This option will allow you to print all the recipes in any one  
65 category. You must enter one of the following recipe category numbers:

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microGourmet	
Recipe Categories	
1) Appetizers	
2) Salads	
3) Main Dishes	
4) Vegetables	
5) Breads	
6) Desserts	
7) Cookies	



65

65 Then all the recipes in the chosen category will be printed. The  
65 program will ask you to make sure the printer is ready (i.e.,  
65 positioned to the top of form), before proceeding. It's best to use  
65 this option with continuous form paper.

66 Help with Printing All Recipes by Category

66

66 This option will allow you to print all the recipes in the data base,  
66 sorted by category. This is a convenient way to produce a copy of all  
66 your recipes for your friends.

66

66 The program will ask you to make sure the printer is ready (i.e.,  
66 positioned to the top of form), before proceeding. It's best to use  
66 this option with continuous form paper.

66

73 Help with Backup of Recipe Files

73

73 If you select this option, all of the recipe data base files will be  
73 copied to a backup disk. The program will ask you for the disk drive  
73 to copy the files to (e.g. B:). Then it will ask you to insert a disk  
73 into the drive all the files and associated indexes will be copied to  
73 the disk. You should normally use the same floppy disk for backup  
73 purposes, one that you do not use for microGourmet.

73

74 Help with Backup of All microGourmet Files

74

74 This option will backup all microGourmet files. If you are using  
74 floppy disk for backup, two disks will be required. The program will  
74 ask you to insert the first backup disk. (If you are not using floppy  
74 disk for backup, ignore this prompt). After the first disk is copied,  
74 the program will ask you to insert the second disk. Then the remaining  
74 files will be copied.

74

93 Help with Changing Recipes

93

93 This option will allow you to change an existing recipe. The program  
93 will ask you for the number of the recipe to change. Then it will  
93 display all the information in the data base regarding the recipe,  
93 allowing you to change any items along the way. Note that, once you  
93 have changed a line of ingredients or instructions, you may not return  
93 to a previous line to re-edit it. You must finish editing the recipe,  
93 and then once again execute the change option.

93

94 Help with Adding Ingredients

94

94 This option will allow you to add ingredients to a recipe. The program  
94 will ask you for the recipe number. Then it will display identifying  
94 information, and allow you to add more ingredients to the recipe.

94

94 Do not attempt to use this option for changing ingredients. This  
94 option will only add ingredients to an existing recipe.

94

95 Help with Adding Instructions

95

95 This option will allow you to add instructions to a recipe. The  
95 program will ask you for the recipe number. Then it will display  
95 identifying information, and allow you to add more instructions to the  
95 recipe.

95

95 Do not attempt to use this option for changing instructions. This  
95 option will only add ingredients to an existing recipe.

95

99 Comments and Problem Reporting

99

99 microGourmet  
99 6958 Hanover Parkway, Suite 301  
99 Greenbelt, MD 20770

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99 If you have any comments about microGourmet, or suggestions for  
99 improvements, or if you found a problem, please copy this  
99 page, complete the requested entries, and send it to the above  
99 address.

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99 Name \_\_\_\_\_

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99 Company \_\_\_\_\_

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99 Address \_\_\_\_\_

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99 City \_\_\_\_\_

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99 State \_\_\_\_\_ Zip \_\_\_\_\_

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99 Comment \_\_\_\_\_

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99 Suggestion \_\_\_\_\_

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99 Description

